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The Disciples on the Road to Emmaus:   
Discussion Questions

The Scripture passage about the disciples on the road to Emmaus has a rich Eucharistic dimension. It helps us to answer the question What is the Eucharist? Use the following questions to facilitate a discussion on the meaning of the Scripture passage.

**1.** In this Scripture account, the disciples of Jesus on the road to Emmaus face a challenge to   
their faith. How would you describe their situation?

**2.** What is the significance of the disciples’ inability to recognize Jesus when he begins walking   
with them?

**3.** How does Jesus help the disciples to remember all that he had taught them? How does this   
relate to the Eucharist?

**4.** Like catechumens preparing for the Sacraments of Baptism, Confirmation, and the Eucharist,   
the Emmaus disciples are on a journey. What is the nature of their journey?

**5.** What do the disciples do or say that helps them to experience the Risen Christ? Why is this a   
significant moment of grace?

**6.** When Jesus takes bread, blesses, breaks, and gives it to the disciples, they recognize him   
“in the breaking of the bread” (Luke 24:35). Would this action of Jesus have been familiar   
to the disciples? When might they have experienced something like this before?

**7.** What are the disciples compelled to do after recognizing Jesus and “taking him in” in the   
Eucharistic Bread?

**8.** Who took the initiative in moving the disciples toward an experience of the Risen Christ?

**9.** When Jesus “disappears,” where does he go? How does this correlate to the celebration   
of the Eucharist?

**10.** If you were going to write a continuation of this story, how would you depict the disciples   
of Emmaus living their lives after this experience? Does the Scripture passage give any clues?

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